

Sonoma State University is committed to achieving excellence through teaching, scholarship, learning and inclusion. In line with our Strategic Plan and our Seawolf Commitment, our values include diversity, equity, sustainability, community engagement, respect, responsibility, excellence and integrity. We strive to cultivate a community in which a diverse population can learn and work in an atmosphere of civility and respect. We encourage innovation, experimentation and creativity, as well as contributions to equity and inclusion, in the pursuit of excellence for all members of our university community.

**Position Purpose:** Reporting to and under general supervision of the Health, Wellness and Student Success Manager, with additional lead work direction from the Head Athletic Trainer, the Athletic Trainer performs the full range of clinical athletic training functions for the student athletes of the intercollegiate teams at Sonoma State University. The Athletic Trainer is responsible for supporting a sports medicine program while working to prevent athletic injuries by evaluating student athlete wellness. When injuries occur, the Athletic Trainer serves as the first responder by recognizing and evaluating the injuries, and subsequently developing treatment and rehabilitation programs, incorporating the appropriate therapeutic modalities and use of rehabilitation and exercise equipment. The Athletic Trainer also coordinates and liaisons with physicians, athletes, coaching staff, parents, and other allied health professionals on the status of and treatment for injuries. The Athletic Trainer also counsels athletes, and staff regarding proper athletic training and injury rehabilitation.

**Major Duties:** Major duties of the position include, but are not limited to, the following:

- Implements preventative and rehabilitation programs to treat athletic injuries using the appropriate therapeutic modalities and treatments;
- Consults with the Head Athletic Trainer on injuries and treatment plans and coordinates with the coaching staff;
- Informs coaching staff and other health professionals on the status of injuries and treatment plans;
- Uses a variety of therapeutic modalities in accordance with physician orders;
- Advises students on how to prevent injuries and maintain their wellness;
- Regularly evaluates the physical wellness of student athletes;
- Counsels student athletes and staff regarding athletic training, and rehabilitation;
- Attends practice games and athletic events to provide medical emergency coverage to student athletes; travels with teams to away games as needed;
- Maintains equipment and cleanliness of the Sports Medicine Center;
- Maintains appropriate medical records of injuries, treatment plans, and progress including medical record keeping and summary reports;
- Provides athletic training care for practices and home intercollegiate contests.

**Secondary Duties:** Performs other secondary duties as assigned.

**Work Environment:** Duties will primarily take place in an office setting however additional duties may be performed in various locations on the Sonoma State University campus, including working both indoors and outdoors to support and participate in university activities and events. The work schedule is non-conventional, as times and dates of intercollegiate athletic events vary. As an exempt employee you have some flexibility in your schedule, however you must be available during the regular campus hours Monday through Friday to meet the operational needs of the campus and department. Evening and weekend hours will be required and will be specified only by the Appropriate Administrator to meet operational needs. The incumbent must maintain regular and acceptable attendance at such levels as is determined by the Appropriate Administrator. The position will require occasional travel, by automobile and airplane, and the incumbent must be able to work some night and weekend hours with overnight stays.

This position requires, with or without reasonable accommodations, the ability to frequently walk, sit, move or stand for office and/or event functions, be at a computer for 1-2 hours/day, reach with hands and arms, climb or balance,

stoop and kneel and be able to lift at least 50 pounds relative to the transportation of equipment and/or transporting an injured student-athlete.

**Minimum Qualifications:** This position requires the equivalent to bachelor's degree in athletic training, physical education, kinesiology or related field of study. Course work must include completion of the Board of Certification (BOC) curriculum requirements. Any equivalent combination of education and experience to provide the required knowledge, skills and abilities for this position is also considered meeting the minimum qualification of this position. Previous experience providing athletic training at the high school or college level as an intern or certified Athletic Trainer is preferred. The incumbent must possess and thereafter maintain a BOC certification and CPR/AED certification for a Professional Rescuer and first aid. Intermediate proficiency with computers and Microsoft Office Suite (Word, Excel) required. Knowledge of Google Suite and PeopleSoft preferred. The incumbent must successfully complete a pre-placement exam.

In addition, the incumbent must possess the following:

- General knowledge of the principles and practices of Athletic Training including conditioning and injury prevention, as well as injury assessment and rehabilitation; the full range of therapeutic modalities and their practical use and physiological basis; other therapeutic preventions and treatments such as taping, bracing, and massage; effective use of rehabilitation and exercise equipment; rules, regulations, and guidelines established by the campuses' governing national collegiate athletic association pertaining to student athletes, their training, sports medicine care, and health and safety; Occupational Health and Safety Administration (OSHA) standard for handling Blood Born Pathogens; maintaining medical record, including Health Insurance Portability and Accountability Act (HIPAA) standards, and following insurance procedures.
- Ability to effectively assess and evaluate injuries and their severity;
- Ability to gather and analyze information related to injuries as appropriate and develop, in coordination with the Head Athletic Trainer, appropriate rehabilitation programs and manage and treat injuries;
- Ability to use the full range of appropriate therapeutic modalities, treatments, rehabilitation, and exercise equipment to treat and prevent injuries;
- Ability to determine the appropriate referrals for athletes to other health care professionals;
- Ability to recognize life threatening situations and administer the appropriate emergency aid;
- Ability to use a computer to perform medical, insurance, and other recordkeeping functions;
- Ability to work in an environment with competing priorities;
- Ability to serve as a liaison among athletes, coaching staff, parents, physicians and other health professionals.

The incumbent must possess the ability to interpret and apply program rules; possess strong organizational skills, utilize strong interpersonal skills to interact with athletes, coaches, and others health professionals, especially in sensitive situations; and present clear and concise information orally and in writing. Must have the ability to effectively communicate with all levels within the university and establish and maintain productive and effective, inclusive working relationships amongst diverse populations including staff, faculty, administration, students, and other internal and external constituents. Must be able to accept constructive feedback and work cooperatively in group situations. Must also possess the ability to operationalize sustainability concepts (economy, society, and environment) into all aspects of performing job duties.